

# EMPOWERING YOUNG PEOPLE THROUGH ART, INCLUSION, AND WELLBEING



Project No: 2023-3-EL02-KA154-YOU-000182572

[www.arty-project.eu](http://www.arty-project.eu)

## HIGHLIGHTS FROM OUR LOCAL CREATIVE EVENTS

### Promoting Creativity, Inclusion and Wellbeing through Local ARTY Activities

We are delighted to share the highlights of the local creative events carried out across Europe within the framework of the ARTY – Artistic Resonance for Thriving Youth project.

These activities offered young people unique opportunities to explore artistic expression as a tool for empowerment, social inclusion, and emotional wellbeing. Each partner organisation designed an event responding to local needs while following the ARTY philosophy of creativity, participation, and collaboration.

### LOCAL EVENT: GREECE – “COLOURS OF EMPOWERMENT” ART EXHIBITION AND WORKSHOP SERIES

(Location: Kastoria, Greece | May 2025)

The Greek local event, organised by YOUTHABILITY, brought together young people from diverse backgrounds to create collective artworks inspired by themes of identity, resilience, and belonging. Key highlights included:



- Interactive workshops on painting, collage, and expressive arts led by local artists and youth workers.
- Group discussions linking art to mental health, empowerment, and inclusion.
- A public exhibition at the municipal cultural centre showcasing the participants' creations to the local community.

The event demonstrated how art can foster dialogue and confidence among youth, turning creative expression into a shared celebration of diversity and empowerment.



## LOCAL EVENT: GERMANY – “ART SPEAKS” STREET ART AND STORYTELLING WORKSHOP

(Location: Stuttgart, Germany | July 2025)

Jugendvision e.V. hosted a two-day street-art and creative-writing workshop focused on self-expression, sustainability, and youth voice in urban spaces.

Key highlights included:

- Street-art sessions where participants designed murals reflecting social inclusion and environmental awareness.
- Storytelling labs combining graffiti art with personal narratives about everyday challenges and hopes.
- A guided city walk and exhibition where residents interacted with the young artists and discussed art's power to unite communities.

The workshop empowered participants to use public art as a means of visibility and communication, promoting civic responsibility and intercultural understanding.



## LOCAL EVENT: ROMANIA – “INSIDE OUT: ART FOR WELLBEING” YOUTH ART LAB

(Location: Titu, Romania | June 2025)

Asociatia DAR Development Association organised a creative lab where local youth explored emotional health and personal growth through mixed-media art.

Key highlights included:

- Guided art-therapy-inspired activities combining painting, movement, and mindfulness.
- Team projects creating visual diaries representing emotions and life experiences.
- An open community day where participants presented their artwork and led short interactive sessions with visitors.

The event helped young people express inner feelings safely, promoting dialogue about mental wellbeing and strengthening trust within the community.



## LOCAL EVENT: REPUBLIC OF NORTH MACEDONIA – “TOGETHER WE CREATE” COMMUNITY ART FESTIVAL

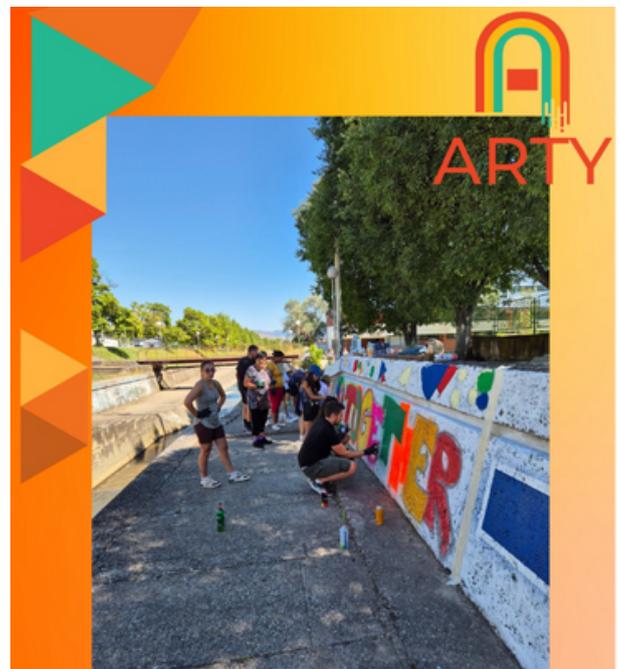
(Location: North Macedonia | August 2025)

The organisation EduArt Skopje held a community festival focused on collaboration and intercultural dialogue through public art.

Key highlights included:

- Collaborative mural and installation art co-created by youth, local artists, and residents.
- Intercultural performances combining music, dance, and visual storytelling.
- Reflection circles exploring the role of art in building solidarity and positive social change.
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The festival turned the neighbourhood into an open gallery of creativity and connection, strengthening local bonds and promoting inclusion through collective artistic action.



## REFLECTIONS AND NEXT STEPS

The local events of ARTY have shown that art is a catalyst for transformation — empowering young people to build confidence, connect across differences, and re-imagine their communities.

The insights, stories, and artworks generated during these local activities will directly contribute to the ARTY Toolkit, providing models for future youth work and cultural inclusion initiatives across Europe.

## STAY CONNECTED

-  Visit: [www.arty-project.eu](http://www.arty-project.eu)
  - Explore photo galleries, stories, and resources from all partner countries.
-  Follow our journey:
  - Stay updated on ARTY's upcoming international training activities and creative outcomes on our website and social media.

